



PRESIDENT'S MESSAGE

Greetings to all! I would first like to extend a big thank you to Sally Schermer and her crew for a job well done on the annual state conference in Northern Virginia on September 24th. I believe we made over 750.00 on our amazing raffle items. Thanks to all that contributed for those as well! This conference had excellent speakers and topics AND was very well attended! It is so wonderful to see such a great turnout considering our employers are paying less and less for us to attend educational opportunities. It truly demonstrates our belief in our professionalism and the pride in what we love to do! I am always full of excitement for our organization and profession after attending our state and national conferences!

I would also like to extend my appreciation to all the hard work and dedication of our VSPAN Board of Directors for 2010-2011 as well as our lifeline to VSPAN, Jennifer Tuck.

I am Lisa Stickley and I will be your 2011-2012 VSPAN President. I have 13 years experience in Perianesthesia nursing at UVA Outpatient Surgery Center in Charlottesville. I served on the board back in the 90's as a conference co-chair and rejoined the board in 2009 as a conference co-chair. I decided I enjoyed being a part of the

organization so I stayed on as secretary, vice president and now, here I am! I am very excited and enthusiastic about serving as VSPAN President this year.

I would like to continue teleconferencing at least 50% of our board meetings to enable more people to participate. Gas isn't cheap, and neither is our free time. I want to invite any of you to attend a board meeting, just to see what we are all about. Our dates are posted on the website; if you are interested in attending please don't hesitate to come. If it is a teleconference, maybe you live close enough to one of our board members and you can participate with them. Please contact our office at virgniaspan@aol.com or call Jennifer Tuck at 540-761-2990 with any questions, or email any board member. For any new person attending a board meeting, we will enter your name for a drawing for a free VSPAN membership.

I am very eager to get "fresh and new" ideas. I know you all have some innovative ideas, please do not be afraid to come forth and share. In my speech at the state conference last month, I pointed out the "V" formation of Canadian geese and the commonly told tale of how they fly. VSPAN needs to have new leaders while the "older" leaders move to the back and celebrate and encourage them. Otherwise the "older" leaders get tired and can't continue moving

forward. Won't you please consider moving up toward the front of our organization and help us move forward, help us to strengthen our membership and component, help fellow colleagues to understand that being a member of ASPAN/VSPAN is more than just getting a discount on your educational seminars and conferences. Being a ASPAN/VSPAN member is about representing your professionalism and dedication and helping to move forward and make a change! As I quoted at the state conference from Michelangelo, "The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it." Join me in the effort to make this VSPAN's best year yet!

Lisa Stickley, BSN, RN, CAPA

Inside this Issue:

| | |
|----------------------------|----------|
| Upcoming Education | 2 |
| Thank You Tense | 2 |
| Exhibitors | 2 |
| ASPAN Certification | 3 |
| New Members | 3 |

Upcoming Education

**Updates in
PeriAnesthesia Practice**

Saturday, March 10, 2012
Virginia Hospital Center
Arlington, Virginia 22205

Contact:

Deborah Britt MSN RN CAPA
Clinical Educator
PeriAnesthesia Units
dbritt@virginiahospitalcenter.com
Office 703-558-5464

*Thank you Tense
Washington*

For many years, Tense has worked tirelessly at every State Conference with our Raffle Baskets. Many hospitals and regions donate the baskets as a fund raising event. While we are learning in our conference, Tense is busy organizing and protecting our baskets. She is quite the saleslady with those tickets and finally organizes the drawings for the winners.

We want to celebrate her enthusiasm and dedication to our organization. She is a remarkable woman and what a gift she has been to VSPAN. This year we raised about \$800 from the raffle baskets and the money will be used toward future education and conference events. Thank you Tense for another wonderful year.

Thank You to our State Conference Exhibitors



Pursonal Hang-ups

Make all your hang-ups PURSONAL



ASPAN VSPAN Certification

Our perianesthesia organization encourages certification in our nursing specialty. Today there are over 9000 certified nurses and almost 5700 are CPAN 's and 3500 CAPA's. There are almost 400 nurses in the ASPAN that are dual certified. In 1986, the first CPAN exam was offered and 172 nurses were certified. The numbers continue to grow and this fall many more nurses became certified.

Certification is an excellent way to promote our specialty and add distinction to perianesthesia nurses. I want to congratulate all who have become certified and who continue to maintain their certifications. As many hospitals are seeking Magnet status, certification is encouraged.

You can learn more about ASPAN's certification by visiting cpancapa.org.

Registration window 2012
January 9-March 5

Examination window
April 2-May12

VSPAN

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New Members

- Traci Chamberlain Bagley, BSN, RN*
Randolph Chu Balagtas, BSN, RN
Song Blanchard, BSN, RN
Patricia Hepner Claffey, AAN
Diane J Gawkins, BSN, RN
Kelly S Hix, RN, ADN
Jodi L Jones, RN, ADN, ACLS
Lindsey Manko, BSN, RN
Patricia Coniglio Nordquist, AAS
Gaylen Quesinberry Tassell, BN, MS, RN
Kathryn Ussery, BN, RN
Deborah Ann Dupont, RN
Luanne M Nadeau, RN, ADN, ACLS, PALS
Robert Velasco, BSN, RN
Diane Bond, MPH
Betty DeLesDernier, BS, RN, ADN
Katherine Marie DeMarco, BSN, RN
Eileen T Elmer, ADN
Staci Frazier, RN, BA, ADN, MA
Diane B Hanson-Johnson, RN
Sue H Jones, BSN, RN
Fanny Kwan, RN
Julie L Mitchell, RN, CAPA
Bonnie Sue Thompson, BSN, RN

2011—2012

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Newsletter Articles Due by February 15, 2012

Please e-mail all articles to VirginiaSPAN@aol.com.
Guidelines: (1) Articles must be typed; (2) The author's name, title, institution, and work phone or e-mail address must be included for verification. (3) References should be

listed in the order they appear. (4) Topics can range from patient assessment, nursing care, pharmacology reviews, case studies, research, management topics or a review of an educational offering.

Virginia Society of Perianesthesia Nurses
Post Office Box 334
Daleville, Virginia 24083



The pictures above were taken at the Annual State VSPAN Conference in Dulles, Virginia

The Society exists to promote quality care for patients and their families, by encouraging professional education, development of standards, research, certification, and specialization in all phases of perianesthesia nursing, and by providing a forum for exchange of ideas between health care providers involved in perianesthesia care.